

# HIGH POINT CHRISTIAN ACADEMY

Preschool/Lower School (Preschool – 2<sup>nd</sup> )

JANUARY 4<sup>TH</sup> – 8<sup>TH</sup>



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE #1	<p><b>Sweet &amp; Sour Chicken</b></p> <p><b>White Rice</b></p> <p><b>Stir Fry Vegetables</b></p>	<p><b>Beef Taco's</b></p> <p><b>Spanish Rice</b></p> <p><b>Refried Beans</b></p>	<p><b>Meatballs &amp; Marinara</b></p> <p><b>Penne Pasta</b></p> <p><b>Broccoli</b></p>	<p><b>Chicken Nuggets</b></p> <p><b>Mac &amp; Cheese</b></p> <p><b>Green Beans</b></p>	<p><b>Boneless Wings w/ BBQ Sauce</b></p> <p><b>Potato Wedges</b></p> <p><b>Carrots &amp; Ranch</b></p>
CHOICE #2	<p><b>Cheese Pizza</b></p> <p><b>Baby Carrots &amp; Ranch</b></p> <p><b>Orange Smiles</b></p>	<p><b>Mini Chicken Sandwich</b></p> <p><b>Potato Chips</b></p> <p><b>Grapes</b></p>	<p><b>Mini Corn Dogs</b></p> <p><b>Potato Wedges</b></p> <p><b>Apple Slices</b></p>	<p><b>Tortellini w/ Alfredo</b></p> <p><b>Side Salad w/ Ranch</b></p> <p><b>Mandarin Oranges</b></p>	<p><b>Turkey Pinwheel</b></p> <p><b>Gold Fish</b></p> <p><b>Strawberry Yogurt</b></p>

**Special Diet needs or concerns please contact our Chef/Food Service Director**  
[mhussey@hpcacougars.org](mailto:mhussey@hpcacougars.org)

# HIGH POINT CHRISTIAN ACADEMY

Preschool/Lower School (Preschool – 2<sup>nd</sup>)



**JANUARY 11<sup>TH</sup> – 15<sup>TH</sup>**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE #1</b>	<p><b>Hibachi Chicken</b></p> <p><b>Fried Rice</b></p> <p><b>Stir Fry Veggies</b></p>	<p><b>Chicken Quesadilla</b></p> <p><b>Spanish Rice</b></p> <p><b>Refried Beans</b></p>	<p><b>Chicken Alfredo</b></p> <p><b>Penne Noodles</b></p> <p><b>Steamed Broccoli</b></p>	<p><b>Chicken Nuggets</b></p> <p><b>Mac &amp; Cheese</b></p> <p><b>Green Beans</b></p>	<p><b>Pancakes</b></p> <p><b>Bacon</b></p> <p><b>Cheese Grits</b></p> <p><b>Hash Browns</b></p>
<b>CHOICE #2</b>	<p><b>Cheese Pizza</b></p> <p><b>Baby Carrots &amp; Ranch</b></p> <p><b>Orange Smiles</b></p>	<p><b>Mini Cheeseburgers</b></p> <p><b>Potato Chips</b></p> <p><b>Grapes</b></p>	<p><b>Mini Corn Dogs</b></p> <p><b>Potato Wedges</b></p> <p><b>Diced Peaches</b></p>	<p><b>Penne &amp; Marinara</b></p> <p><b>Side Salad w/ Ranch</b></p> <p><b>Mandarin Oranges</b></p>	<p><b>Turkey Pinwheel</b></p> <p><b>Gold Fish</b></p> <p><b>Strawberry Yogurt</b></p>

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# HIGH POINT CHRISTIAN ACADEMY

Preschool/Lower School (Preschool – 2<sup>nd</sup> )

JANUARY 18<sup>TH</sup> – 22<sup>ND</sup>



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

CHOICE #1

**Holiday**

**MLK  
Day**

Beef Taco's  
Spanish Rice  
Refried  
Beans

Chicken  
Parmesan  
Penne  
Noodles  
Broccoli

Chicken  
Nuggets  
Mac &  
Cheese  
Green Beans

Roasted  
Turkey  
Mashed  
Potatoes &  
Gravy  
Mixed  
Vegetables

CHOICE #2

**Holiday**

**MLK  
Day**

Mini  
Chicken  
Sandwich  
Potato Chips  
Grapes

Mini Corn  
Dogs  
Potato  
Wedges  
Apple Slices

Tortellini w/  
Alfredo  
Side Salad  
w/ Ranch  
Mandarin  
Oranges

Turkey  
Pinwheel  
Gold Fish  
Strawberry  
Yogurt

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# HIGH POINT CHRISTIAN ACADEMY

Preschool/Lower School (Preschool – 2<sup>nd</sup> )

JANUARY 25<sup>TH</sup> – 29<sup>TH</sup>



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE #1	<b>Hibachi Chicken</b> <b>Fried Rice</b> <b>Stir Fry Vegetables</b>	<b>Chicken Quesadilla</b> <b>Spanish Rice</b> <b>Refried Beans</b>	<b>Lasagna</b> <b>Broccoli</b> <b>Garlic Bread</b>	<b>Chicken Nuggets</b> <b>Mac &amp; Cheese</b> <b>Green Beans</b>	<b>French Toast</b> <b>Sausage</b> <b>Grits</b> <b>Hashbrowns</b>
CHOICE #2	<b>Cheese Pizza</b> <b>Baby Carrots &amp; Ranch</b> <b>Orange Smiles</b>	<b>Mini Cheeseburger</b> <b>Potato Chips</b> <b>Grapes</b>	<b>Mini Corndogs</b> <b>Potato Wedges</b> <b>Apple Slices</b>	<b>Penne &amp; Marinara</b> <b>Side Salad w/ Ranch</b> <b>Mandarin Oranges</b>	<b>Turkey Pinwheel</b> <b>Gold Fish</b> <b>Yogurt</b>

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