

CAFÉ MENU

Preschool

November 2023



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--------|---|---------|--|-----------|---|----------|--|--------|--|
| 30 | Cheese Pizza Carrots & Ranch Apple Slices Snack Goldfish | 31 | Beef Nacho's Mexican Rice Refried Beans Snack Animal Cracker | 1 | Cut Hot Dog Potato Wedges Peaches Snack Cheese Stick | 2 | Chicken Nuggets Mac & Cheese Green Beans Snack Apple Sauce | 3 | Biscuit & Jelly Breakfast Potatoes Bacon Snack Cheez-it |
| 6 | Grilled Chicken Fried Rice Sweet Carrots Snack Apple Slices | 7 | Mini Chicken Sandwich Green Peas Pineapple Chuck Snack Apple Sauce | 8 | Mini Corndog Potato Wedges Broccoli Snack Teddy Grahams | 9 | Chicken Nuggets Mac & Cheese Green Bean Snack Chips | 10 | Grilled Cheese Cinnamon Applesauce Pretzel Bites Snack Cheese Stick |
| 13 | Cheese Pizza Carrots & Ranch Apple Slices Snack Goldfish | 14 | Queso Chicken Mexican Rice Refried Beans Snack Animal Cracker | 15 | Baked Ziti Broccoli Garlic Bread Snack Cheese Stick | 16 | Chicken Nuggets Mac & Cheese Green Bean Snack Apple Sauce | 17 | French Toast Breakfast Potatoes Sausage Snack Cheez-it |
| 20 | Grilled Chicken Fried Rice Sweet Carrots Snack Apple Slices | 21 | Mini Chicken Sandwich Green Peas Pineapple Chuck Snack Apple Sauce | 22 | | | 23 | | 24 |
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If you have questions or concerns, please email foodservice@hpcacougars.org