

September 1st – 5th



Holiday NO SCHOOL

If you have questions or concerns, please email foodservice@hpcacougars.org

CAFÉ MENU

3RD - 12TH

September 8th – 12th

WK6



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Stir fry Veggies Egg Roll	Chicken Quesadilla Spanish Rice Refried Beans Chips & Queso	Pasta Rustica (Creamy Sausage & Herb) Penne Pasta Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	Pot Roast Mashed Potatoes Gravy Braised Carrots Yeast Roll
GRILL	Corn Dogs Philly Cheese Steak Grilled Chicken Sandwich Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Black Bean Burger, French Fries, Onion Rings, Cheese Sticks	Hand Breaded Chicken Fingers Pepperoni Pizza Sub Turkey Burger	Chicken Nuggets Buffalo Chicken Sub Grilled Chicken Sandwich	All Beef Hot Dog Chicken Bacon Ranch Sub Turkey Burger	NO FRIED FRIDAY Grilled Chicken Tenders Grilled Chicken Sandwich Cheese Burger Bacon Cheese Burger Turkey Burger Black Bean Veggie Burger Roasted Potato Wedges Italian Sub
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SLALD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato
TO GO	Served Daily: Chicken Ceasar Salad, Turkey Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

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CAFÉ MENU WK4

3RD –12TH GRADE

September 15th – 19th




















	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Orange Chicken Lo Mein Sweet Carrots Pot Sticker	Beef Enchiladas Mexican Rice Refried Beans Chips & Queso	Carved Roasted Turkey Mashed Potatoes Gravy Bistro Vegetables Yeast Roll	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	French Toast Sausage Link Butter Grits Shredded Hash Browns
GRILL	Corn Dogs Philly Cheese Steak Grilled Chicken Sandwich	Hand Breaded Chicken Fingers Pepperoni Pizza Sub Turkey Burger	Chicken Nuggets Buffalo Chicken Sub Grilled Chicken Sandwich	All Beef Hot Dog Chicken Bacon Ranch Sub Turkey Burger	NO FRIED FRIDAY Grilled Chicken Tenders Grilled Chicken Sandwich Cheese Burger Bacon Cheese Burger Turkey Burger Black Bean Veggie Burger Roasted Potato Wedges Italian Sub
Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Black Bean Burger, French Fries, Onion Rings, Cheese Sticks					
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SALAD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato Sweet Potato
TO GO	Served Daily: Chicken Caesar Salad, Turkey Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
CLASSICS	Hibachi Chicken Fried Rice  Sweet Carrots Egg Roll		Beef Nachos Spanish Rice Refried Beans Chips & Queso		Spaghetti w/ Meat Sauce Pasta  Broccoli Garlic Bread		Early Dismissal No Lunch		Early Dismissal No Lunch	
	Corn Dogs Philly Cheese Steak  Grilled Chicken Sandwich Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Black Bean Burger, French Fries, Onion Rings, Cheese Sticks		Hand Breaded Chicken Fingers Pepperoni Pizza Sub  Turkey Burger		Chicken Nuggets Buffalo Chicken Sub  Grilled Chicken Sandwich					
GRILL	Cheese Pizza Pepperoni Pizza Stromboli		Cheese Pizza Pepperoni Pizza Stromboli		Cheese Pizza Pepperoni Pizza Stromboli					
	 Build your own Salad Soup of The Day Pasta of the day  Baked Potato  Sweet Potato		 Build your own Salad Soup of The Day Pasta of the day  Baked Potato  Sweet Potato		 Build your own Salad Soup of The Day Pasta of the day  Baked Potato  Sweet Potato					
PIZZA	Served Daily:  Chicken Ceasar Salad, Turkey Sub, Buffalo Chicken Wrap, Pudding Parfait,  Fresh Fruit,  Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls									
SLALD BAR										
TO GO										

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