

CAFÉ MENÚ WKS

3RD - 12TH

September 2nd - 6th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Holiday Day No School	Chicken Quesadilla Spanish Rice Refried Beans Chips & Queso	Baked Ziti Penne Pasta Roasted Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	Meatloaf Mashed Potatoes Roasted Zucchini Dinner Roll
GRILL		Turkey Cranberry Panini Chicken Nuggets Pepperoni Pizza Sub Grilled Chicken Sandwich	Turkey Cranberry Panini Hand Breaded Chicken Fingers Buffalo Chicken Sub Turkey Burger	Turkey Cranberry Panini Chicken Nuggets Chicken Bacon Ranch Sub Grilled Chicken Sandwich	Turkey Cranberry Panini Hand Breaded Chicken Fingers Italian Sub Turkey Burger
<small>Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</small>					
PIZZA		Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SALAD BAR		Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

If you have questions or concerns, please email foodservice@hpcacougars.org

CAFÉ MENU

3RD - 12TH

September 9th - 13th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Sweet Carrots Egg Roll	Taco Salad Spanish Rice Refried Beans Chips & Queso	Grilled Chicken Alfredo Penne Pasta Broccoli Garlic bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Yeast Roll	Pancakes Cheese Grits Potato Casserole Bacon
GRILL	Chipotle Chicken Panini Hand Breaded Chicken Fingers Philly Cheese Steak Turkey Burger	Chipotle Chicken Panini Chicken Nuggets Pepperoni Pizza Sub Grilled Chicken Sandwich	Chipotle Chicken Panini Hand Breaded Chicken Fingers Buffalo Chicken Sub Turkey Burger	Chipotle Chicken Panini Chicken Nuggets Chicken Bacon Ranch Sub Grilled Chicken Sandwich	Chipotle Chicken Panini Hand Breaded Chicken Fingers Italian Sub Turkey Burger
Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks					
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SLALD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

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CAFÉ MENU WK4

3RD –12TH GRADE

September 16th - 20th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS	Teriyaki Chicken Udon Noodles Sweet Carrots Egg Roll	Queso Chicken Mexican Rice Refried Beans Chips & Queso	Grilled Chicken W/ Blush Sauce Broccoli Penne Pasta Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	Carved Turkey Breast Potato Au Gratin Bistro Blend Yeast Roll	
	GRILL	Turkey Bacon Cheddar Panini Hand Breaded Chicken Fingers Philly Cheesesteak Sub Grilled Chicken Sandwich	Turkey Bacon Cheddar Panini Chicken Nuggets Pepperoni Pizza Sub Turkey Burger	Turkey Bacon Cheddar Panini Hand Breaded Chicken Fingers Buffalo Chicken Sub Grilled Chicken Sandwich	Turkey Bacon Cheddar Panini Chicken Nuggets Chicken Bacon Ranch Sub Turkey Burger	Turkey Bacon Cheddar Panini Hand Breaded Chicken Fingers Italian Sub Grilled Chicken Sandwich
		Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks				
	PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
		SALAD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO						
	Served Daily: Grilled Chicken Salad, Chicken Ceasar Salad, Assorted Sub & Wraps, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls					

Be Well food option

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CAFÉ MENÚ WKS

3RD - 12TH

September 23rd - 27th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Sweet Carrots Egg Roll	Ground Beef Enchiladas Spanish Rice Refried Beans Chips & Queso	Pasta Rustica (Cream Sauce w/ Sausage & Herbs) 🍷 Roasted Broccoli Garlic Bread	Early Dismissal NO LUNCH	Early Dismissal NO LUNCH
GRILL	Sundried Chicken Panini Chicken Nuggets Philly Cheese Steak Turkey Burger	Sundried Chicken Panini Mozzarella Cheese Stick Pepperoni Pizza Sub Grilled Chicken Sandwich	Sundried Chicken Panini Chicken Nuggets Buffalo Chicken Sub Turkey Burger		
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli		
SALAD BAR	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato		
TO GO	Served Daily: 🍷 Grilled Chicken Cobb Salad, 🍷 Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, 🍷 Fresh Fruit, 🍷 Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

🍷 Be Well food option

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