

# CAFÉ MENU

Preschool

September 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p><b>Holiday NO SCHOOL</b></p>	<p>6</p> <p><b>Chicken Quesadilla</b> Mexican Rice Refried Beans</p> <p><b>Snack</b> Animal Cracker</p>	<p>7</p> <p><b>Ravioli Lasagna</b> Broccoli Garlic Bread</p> <p><b>Snack</b> Cheese Stick</p>	<p>8</p> <p><b>Chicken Nuggets</b> Mac &amp; Cheese Green Beans</p> <p><b>Snack</b> Blueberries</p>	<p>9</p> <p><b>Waffles</b> Bacon Grits</p> <p><b>Snack</b> Strawberries</p>
<p>12</p> <p><b>Hibachi Chicken</b> Fried Rice Sweet Carrots</p> <p><b>Snack</b> Apples</p>	<p>13</p> <p><b>Mini Chicken Sandwich</b> Potato Chip Pineapple Chuck</p> <p><b>Snack</b> Apple Sauce</p>	<p>14</p> <p><b>Mini Corndog</b> Goldfish Peaches</p> <p><b>Snack</b> Teddy Grahams</p>	<p>15</p> <p><b>Chicken Nuggets</b> Mac &amp; Cheese Green Bean</p> <p><b>Snack</b> Chips</p>	<p>16</p> <p><b>Meatloaf</b> Mashed Potato Mixed Vegetables</p> <p><b>Snack</b> Ritz Cheese Cracker</p>
<p>19</p> <p><b>Cheese Pizza</b> Carrots &amp; Ranch Apple Slices</p> <p><b>Snack</b> Goldfish</p>	<p>20</p> <p><b>Queso Chicken</b> Mexican Rice Refried Beans</p> <p><b>Snack</b> Animal Cracker</p>	<p>21</p> <p><b>BBQ Chicken</b> Potatoes Pears</p> <p><b>Snack</b> Cheese Stick</p>	<p>22</p> <p><b>Chicken Nuggets</b> Mac &amp; Cheese Green Bean</p> <p><b>Snack</b> Blueberries</p>	<p>23</p> <p><b>Pancakes</b> Sausage Link Grits</p> <p><b>Snack</b> Strawberries</p>
<p>26</p> <p><b>Hibachi Chicken</b> Fried Rice Sweet Carrots</p> <p><b>Snack</b> Apples</p>	<p>27</p> <p><b>Mini Chicken Sandwich</b> Potato Chip Pineapple Chuck</p> <p><b>Snack</b> Apple Sauce</p>	<p>28</p> <p><b>Mini Corndog</b> Goldfish Peaches</p> <p><b>Snack</b> Teddy Grahams</p>	<p>29</p> <p><b>Chicken Nuggets</b> Mac &amp; Cheese Green Beans</p> <p><b>Snack</b> Chips</p>	<p>30</p> <p><b>BBQ Boneless Wings</b> Roasted Potatoes Carrots &amp; Ranch</p> <p><b>Snack</b> Ritz Cheese Cracker</p>

If you have questions or concerns, please email [foodservice@hpcacougars.org](mailto:foodservice@hpcacougars.org)