

# CAFÉ MENÚ WKS

3RD - 12TH

August 12th - 16th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS				Fried Chicken Baked Chicken Mac & Cheese Green Beans Yeast Roll	French Toast Breakfast Potatoes Cheese Grits Sausage Link
GRILL				Chipotle Chicken Panini Chicken Nuggets Chicken Bacon Ranch Sub Grilled Chicken Sandwich	Chipotle Chicken Panini Hand Breaded Chicken Fingers Italian Sub Turkey Burger
<b>Served Daily:</b> Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks					
PIZZA				Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SALAD BAR				Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	<b>Served Daily:</b> Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

If you have questions or concerns, please email [foodservice@hpcacougars.org](mailto:foodservice@hpcacougars.org)

# CAFÉ MENU

3RD - 12TH

Aug 19th - 23rd



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	<b>Hibachi Chicken</b>  Fried Rice Sweet Carrots Egg Roll	<b>Steak Fajita Nacho's</b>  Spanish Rice Refried Beans Chips & Queso	<b>Swedish Meatballs</b>  Egg Noodles Broccoli Garlic bread	🍌 <b>Fried Chicken</b> 🍌 <b>Baked Chicken</b>  🍌 Mac & Cheese 🍌 Green Beans Yeast Roll	<b>Herb Roasted Pork Loin</b>  Mashed Potatoes Roasted Zucchini Yeast Roll
GRILL	<b>Turkey Cheddar Bacon Panini</b>  <b>Hand Breaded Chicken Fingers</b>  <b>Philly Cheese Steak</b>  <b>Turkey Burger</b>	<b>Turkey Cheddar Bacon Panini</b>  <b>Chicken Nuggets</b>  <b>Pepperoni Pizza Sub</b>  <b>Grilled Chicken Sandwich</b>	<b>Turkey Cheddar Bacon Panini</b>  <b>Hand Breaded Chicken Fingers</b>  <b>Buffalo Chicken Sub</b>  <b>Turkey Burger</b>	<b>Turkey Cheddar Bacon Panini</b>  <b>Mozzarella Cheese Stick</b>  <b>Chicken Bacon Ranch Sub</b>  <b>Grilled Chicken Sandwich</b>	<b>Turkey Cheddar Bacon Panini</b>  <b>Hand Breaded Chicken Fingers</b>  <b>Italian Sub</b>  <b>Turkey Burger</b>
<small>Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</small>					
PIZZA	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Stromboli</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Stromboli</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Stromboli</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Stromboli</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Stromboli</b>
SLALD BAR	🍌 <b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  🍌 <b>Baked Potato</b>	🍌 <b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  🍌 <b>Baked Potato</b>	🍌 <b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  🍌 <b>Baked Potato</b>	🍌 <b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  🍌 <b>Baked Potato</b>	🍌 <b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  🍌 <b>Baked Potato</b>
TO GO	<b>Served Daily:</b> 🍌 Grilled Chicken Cobb Salad, 🍌 Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, 🍌 Fresh Fruit, 🍌 Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

🍌 Be Well food option

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# CAFÉ MENU WK4

3RD –12TH GRADE

August 26th - 30th



**MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**

<b>CLASSICS</b>	<b>Sweet &amp; Sour Chicken</b> Fried Rice Stir Fry Vegetables Pot Sticker	<b>Queso Chicken</b> Mexican Rice Refried Beans Chips & Queso	Spaghetti w/ Meat Sauce Broccoli Penne Pasta Garlic Bread	<b>Fried Chicken Baked Chicken</b> Mac & Cheese Green Beans Cornbread	<b>Biscuit &amp; Sausage Gravy</b> Bacon Hashbrown Casserole Cheese Grits
	<b>Pesto Chicken Panini</b> Hand Breaded Chicken Fingers Philly Cheesesteak Sub Turkey Burger	<b>Pesto Chicken Panini</b> Chicken Nuggets Pepperoni Pizza Sub Grilled Chicken Sandwich	<b>Pesto Chicken Panini</b> Hand Breaded Chicken Fingers Buffalo Chicken Sub Turkey Burger	<b>Pesto Chicken Panini</b> Chicken Nuggets Chicken Bacon Ranch Sub Grilled Chicken Sandwich	<b>Pesto Chicken Panini</b> Hand Breaded Chicken Fingers Italian Sub Turkey Burger
	Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks				
	<b>Cheese Pizza</b> Pepperoni Pizza Stromboli	<b>Cheese Pizza</b> Pepperoni Pizza Stromboli	<b>Cheese Pizza</b> Pepperoni Pizza Stromboli	<b>Cheese Pizza</b> Pepperoni Pizza Stromboli	<b>Cheese Pizza</b> Pepperoni Pizza Stromboli
	Build your own Salad Soup of The Day Pasta of the day Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato
<b>TO GO</b> Served Daily: Grilled Chicken Salad, Chicken Ceasar Salad, Assorted Sub & Wraps, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls					

Be Well food option

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