







CAFÉ MENU WK1

3RD – 12TH

May 1st - 5th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Sweet Carrots Egg Roll	Taco Salad Mexican Rice Refried Beans Chips & Queso	Chicken & Sausage Pasta w/ Blush Sauce Penne Pasta Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Yeast Roll	Biscuit & Gravy Breakfast Potatoes Cheese Grits Bacon
GRILL	Chicken Nuggets Turkey Burger Philly Cheesesteak Sub	Chicken Tenders  Turkey Burger Chicken Parm Sub	Chicken Nuggets Turkey Burger Buffalo Chicken Sub	Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub	Chicken Nuggets Turkey Burger Italian Sub
<small>Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</small>					
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SALAD BAR	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato	 Build your own Salad Soup of The Day Cheese Stuffed Shells  Baked Potato	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato
TO GO	Served Daily:  Grilled Chicken Salad,  Chicken Caesar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit,  Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

 Be Well food option

If you have questions or concerns, please email foodservice@hpcacougars.org

CAFÉ MENÚ

3RD - 12TH

May 8th - 12th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Orange Chicken Fried Rice Sweet Carrots Egg Roll	Chicken Quesadilla Spanish Rice Refried Beans Chips & Queso	Chicken Alfredo Penne Pasta Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Yeast Roll	Wings Roasted Potatoes Celery & Carrots Yeast Roll
GRILL	Chicken Nuggets Turkey Burger Philly Cheesesteak Sub	Chicken Tenders Turkey Burger Pepperoni Pizza Sub	Chicken Nuggets Turkey Burger Buffalo Chicken Sub	Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub	Chicken Nuggets Turkey Burger Italian Sub
Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks					
PIZZA	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone
SALAD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	Served Daily: Grilled Chicken Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

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CAFÉ MENU WKS

3RD - 12TH

May 15th - 19th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	<ul style="list-style-type: none"> Hibachi Chicken Fried Rice Sweet Carrots Egg Roll 	<ul style="list-style-type: none"> Queso Chicken Mexican Rice Refried Beans Chips & Queso 	<ul style="list-style-type: none"> Spaghetti & Meat Sauce Broccoli Garlic Bread 	<ul style="list-style-type: none"> Fried Chicken Mac & Cheese Green Beans Yeast Roll 	<ul style="list-style-type: none"> Pancakes Breakfast Potatoes Cheese Grits Bacon
GRILL	<ul style="list-style-type: none"> Chicken Nuggets Turkey Burger Philly Cheesesteak Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Chicken Parm Sub 	<ul style="list-style-type: none"> Chicken Nuggets Turkey Burger Buffalo Chicken Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub 	<ul style="list-style-type: none"> Chicken Nuggets Turkey Burger Italian Sub
<p><i>Served Daily:</i> Hamburger, Cheeseburger, Bacon Cheeseburger Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</p>					
PIZZA	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli
SLALD BAR	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	<p><i>Served Daily:</i> Grilled Chicken Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls</p>				

Be Well food option

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CAFÉ MENU WK4

3RD –12TH GRADE

May 22nd - 26th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS	Teriyaki Chicken Fried Rice Sweet Carrots Egg Roll	Beef Taco's Spanish Rice Refried Beans Chips & Queso	Chicken Carbonara Penne Pasta Broccoli Garlic Bread	Early Dismissal NO LUNCH		
	Chicken Nuggets Turkey Burger Philly Cheesesteak Sub	Chicken Tenders 🌱 Turkey Burger Pepperoni Pizza Sub	Chicken Nuggets Turkey Burger Buffalo Chicken Sub			
	Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks					
	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone			
	Build your own Salad 🌱 Soup of The Day Pasta of the day Sweet Potato	🌱 Build your own Salad Soup of The Day Pasta of the day 🌱 Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato			
Served Daily: 🌱 Grilled Chicken Salad, 🌱 Chicken Ceasar Salad, Assorted Sub & Wraps, Pudding Parfait, 🌱 Fresh Fruit, 🌱 Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls						

🌱 Be Well food option

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