

# CAFÉ MENU WK1

3RD – 12TH

Feb 27th – Mar 3rd



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	<b>Hibachi Chicken</b>  Fried Rice Sweet Carrots Egg Roll	<b>Taco Salad</b>  Mexican Rice Refried Beans Chips & Queso	<b>Baked Ziti</b>  Penne Pasta Broccoli Garlic Bread	<b>Fried Chicken Baked Chicken</b>  Mac & Cheese Green Beans Yeast Roll	<b>French Toast</b>  Breakfast Potatoes Cheese Grits Sausage Link
GRILL	<b>Chicken Nuggets Turkey Burger Philly Cheesesteak Sub</b>	<b>Chicken Tenders 🌱Turkey Burger Chicken Parm Sub</b>	<b>Chicken Nuggets Turkey Burger Buffalo Chicken Sub</b>	<b>Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub</b>	<b>Chicken Nuggets Turkey Burger Italian Sub</b>
<small>Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</small>					
PIZZA	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>
SALAD BAR	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>	<b>🌱Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>🌱Baked Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>
TO GO	<b>Served Daily:</b> 🌱Grilled Chicken Salad, 🌱Chicken Caesar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, 🌱Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

🌱 Be Well food option

If you have questions or concerns, please email [foodservice@hpcacougars.org](mailto:foodservice@hpcacougars.org)

# CAFÉ MENÚ

3RD - 12TH

Mar 6th - 10th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS	<b>Sweet &amp; Sour Chicken</b> Fried Rice Sweet Carrots Egg Roll	<b>Chicken Quesadilla</b> Spanish Rice Refried Beans Chips & Queso	<b>Chicken Alfredo</b> Penne Pasta Broccoli Garlic Bread	<b>Early Dismissal NO LUNCH</b>	<b>Teacher Workday NO SCHOOL</b>
	<b>Chicken Nuggets</b> Turkey Burger Philly Cheesesteak Sub	<b>Chicken Tenders</b> Turkey Burger Pepperoni Pizza Sub	<b>Chicken Nuggets</b> Turkey Burger Buffalo Chicken Sub		
	Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks				
	<b>Cheese Pizza</b> Pepperoni Pizza Calzone	<b>Cheese Pizza</b> Pepperoni Pizza Calzone	<b>Cheese Pizza</b> Pepperoni Pizza Calzone		
	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato		
TO GO	Served Daily: Grilled Chicken Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

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# CAFÉ MENU WK6

3RD - 12TH

Mar 13th - 17th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	<ul style="list-style-type: none"> <li>Hibachi Chicken</li> <li>Fried Rice</li> <li>Sweet Carrots</li> <li>Egg Roll</li> </ul>	<ul style="list-style-type: none"> <li>Queso Chicken</li> <li>Mexican Rice</li> <li>Refried Beans</li> <li>Chips &amp; Queso</li> </ul>	<ul style="list-style-type: none"> <li>Spaghetti &amp; Meat Sauce</li> <li>Broccoli</li> <li>Garlic Bread</li> </ul>	<ul style="list-style-type: none"> <li>Fried Chicken</li> <li>Mac &amp; Cheese</li> <li>Green Beans</li> <li>Yeast Roll</li> </ul>	<ul style="list-style-type: none"> <li>Pancakes</li> <li>Breakfast Potatoes</li> <li>Cheese Grits</li> <li>Bacon</li> </ul>
GRILL	<ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Turkey Burger</li> <li>Philly Cheesesteak Sub</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Tenders</li> <li>Turkey Burger</li> <li>Chicken Parm Sub</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Turkey Burger</li> <li>Buffalo Chicken Sub</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Tenders</li> <li>Turkey Burger</li> <li>Chicken Bacon Ranch Sub</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Turkey Burger</li> <li>Italian Sub</li> </ul>
Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks					
PIZZA	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Stromboli</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Stromboli</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Stromboli</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Stromboli</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Stromboli</li> </ul>
SLALD BAR	<ul style="list-style-type: none"> <li>Build your own Salad</li> <li>Soup of The Day</li> <li>Pasta of the day</li> <li>Baked Potato</li> </ul>	<ul style="list-style-type: none"> <li>Build your own Salad</li> <li>Soup of The Day</li> <li>Pasta of the day</li> <li>Baked Potato</li> </ul>	<ul style="list-style-type: none"> <li>Build your own Salad</li> <li>Soup of The Day</li> <li>Pasta of the day</li> <li>Baked Potato</li> </ul>	<ul style="list-style-type: none"> <li>Build your own Salad</li> <li>Soup of The Day</li> <li>Pasta of the day</li> <li>Baked Potato</li> </ul>	<ul style="list-style-type: none"> <li>Build your own Salad</li> <li>Soup of The Day</li> <li>Pasta of the day</li> <li>Baked Potato</li> </ul>
TO GO	<ul style="list-style-type: none"> <li>Served Daily: Grilled Chicken Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese &amp; Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls</li> </ul>				

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# CAFÉ MENU WK4

3RD –12TH GRADE

Mar 20th - 24th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS GRILL PIZZA SALAD BAR TO GO	<b>Teriyaki Chicken</b>  Fried Rice Sweet Carrots Egg Roll	<b>Beef Taco's</b>  Spanish Rice Refried Beans Chips & Queso	<b>Chicken Carbonara</b>  Penne Pasta Broccoli Garlic Bread	<b>Rotisserie Seasoned Chicken Breast</b>  Mashed Potatoes Fried Okra Dinner Roll	<b>Fried Chicken</b>  Mac & Cheese Green Beans Yeast Roll  <b>Elementary Grandparents Day</b>
	<b>Chicken Nuggets</b> <b>Turkey Burger</b> <b>Philly Cheesesteak Sub</b>	<b>Chicken Tenders</b> <b>Turkey Burger</b> <b>Pepperoni Pizza Sub</b>	<b>Chicken Nuggets</b> <b>Turkey Burger</b> <b>Buffalo Chicken Sub</b>	<b>Chicken Tenders</b> <b>Turkey Burger</b> <b>Chicken Bacon Ranch Sub</b>	<b>Chicken Nuggets</b> <b>Turkey Burger</b> <b>Italian Sub</b>
	Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks				
	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Calzone</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Calzone</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Calzone</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Calzone</b>	<b>Cheese Pizza</b> <b>Pepperoni Pizza</b> <b>Calzone</b>
	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  <b>Sweet Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  <b>Sweet Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  <b>Sweet Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  <b>Sweet Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Pasta of the day</b>  <b>Sweet Potato</b>
Served Daily:  Grilled Chicken Salad,  Chicken Caesar Salad, Assorted Sub & Wraps, Pudding Parfait,  Fresh Fruit,  Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls					

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# CAFÉ MENU WK1

3RD – 12TH

Mar 27th - 31st



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	<b>Hibachi Chicken</b>  Fried Rice Sweet Carrots Egg Roll	<b>Beef Nachos</b>  Mexican Rice Refried Beans Chips & Queso	<b>Chicken Parm</b>  Penne Pasta Broccoli Garlic Bread	<b>Fried Chicken Baked Chicken</b>  Mac & Cheese Green Beans Yeast Roll	<b>Biscuit &amp; Gravy</b>  Cheese Grits Bacon Breakfast Potatoes
GRILL	<b>Chicken Nuggets Turkey Burger Philly Cheesesteak Sub</b>	<b>Chicken Tenders Turkey Burger Chicken Parm Sub</b>	<b>Chicken Nuggets Turkey Burger Buffalo Chicken Sub</b>	<b>Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub</b>	<b>Chicken Nuggets Turkey Burger Italian Sub</b>
<small>Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</small>					
PIZZA	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>	<b>Cheese Pizza Pepperoni Pizza Stromboli</b>
SALAD BAR	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>	<b>Build your own Salad</b>  <b>Soup of The Day</b>  <b>Cheese Stuffed Shells</b>  <b>Baked Potato</b>
TO GO	<b>Served Daily:</b> Grilled Chicken Salad,  Chicken Caesar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit,  Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

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