

CAFÉ MENÚ WKS

3RD - 12TH

Jan 29th – Feb 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Sweet & Sour Chicken Udon Noodle Sweet Carrots Egg Roll	Steak Nacho's Spanish Rice Refried Beans Chips & Queso	Sundried Tomato Pasta 🍷 Roasted Broccoli Garlic Bread	Fried Chicken Baked Chicken 🍷 Mac & Cheese 🍷 Green Beans Cornbread	Biscuit & Gravy 🍷 Cheesy Potato's Grits Bacon
GRILL	Turkey Cranberry Panini Mozzarella Cheese Stick Philly Cheesesteak Sub Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, 🍷 Grilled Chicken Sandwich, 🍷 Turkey Burger, French Fries	Turkey Cranberry Panini Mozzarella Cheese Stick Pepperoni Pizza Sub	Turkey Cranberry Panini Chicken Nuggets Buffalo Chicken Sub	Turkey Cranberry Panini Mozzarella Cheese Stick Chicken Bacon Ranch Sub	Turkey Cranberry Panini Chicken Nuggets Italian Sub
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SALAD BAR	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato
TO GO	Served Daily: 🍷 Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, 🍷 Fresh Fruit, 🍷 Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

🍷 Be Well food option

If you have questions or concerns, please email foodservice@hpcacougars.org

CAFÉ MENU WKS

3RD - 12TH

Feb 5th - 9th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Sweet Carrots Egg Roll	Chicken Quesadilla Spanish Rice Refried Beans Chips & Queso	Pasta Rustica (Grilled Chicken w/ Creamy Sausage & Herb Sauce) Penne Pasta Broccoli Garlic bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	Chicken & Dumplings Mixed Vegetables Biscuit
GRILL	Chipotle Chicken Panini Chicken Nuggets Philly Cheese Steak Sub	Chipotle Chicken Panini Mozzarella Cheese Stick Pepperoni Pizza Sub	Chipotle Chicken Panini Chicken Nuggets Buffalo Chicken Sub	Chipotle Chicken Panini Mozzarella Cheese Stick Chicken Bacon Ranch Sub	Chipotle Chicken Panini Chicken Nuggets Italian Sub
Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Grilled Chicken Sandwich, Turkey Burger, French Fries, Onion Rings, Cheese Sticks					
PIZZA	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone
SLALD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

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CAFÉ MENU WK4

3RD –12TH GRADE

Feb 12th -16th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS GRILL PIZZA SALAD BAR TO GO	General T Chicken Udon Noddle Sweet Carrots Egg Roll	Queso Chicken Mexican Rice Refried Beans Chips & Queso	Chicken Parm Penne Pasta Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	French Toast Breakfast Potatoes Cheese Grits Sausage
	Turkey Cheddar Bacon Panini Mozzarella Cheese Stick Philly Cheesesteak Sub Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Onion Rings, Cheese Sticks	Turkey Cheddar Bacon Panini Mozzarella Cheese Stick Pepperoni Pizza Sub Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Onion Rings, Cheese Sticks	Turkey Cheddar Bacon Panini Chicken Nuggets Buffalo Chicken Sub Served Daily: Grilled Chicken Sandwich, Turkey Burger, French Fries	Turkey Cheddar Bacon Panini Mozzarella Cheese Stick Chicken Bacon Ranch Sub Served Daily: Grilled Chicken Sandwich, Turkey Burger, French Fries	Turkey Cheddar Bacon Panini Chicken Nuggets Italian Sub Served Daily: Grilled Chicken Sandwich, Turkey Burger, French Fries
	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone
	🌱 Build your own Salad Soup of The Day Pasta of the day 🌱 Sweet Potato	🌱 Build your own Salad Soup of The Day Pasta of the day 🌱 Sweet Potato	🌱 Build your own Salad Soup of The Day Pasta of the day 🌱 Sweet Potato	🌱 Build your own Salad Soup of The Day Pasta of the day 🌱 Sweet Potato	🌱 Build your own Salad Soup of The Day Pasta of the day 🌱 Sweet Potato
	Served Daily: 🌱 Grilled Chicken Salad, 🌱 Chicken Ceasar Salad, Assorted Sub & Wraps, Pudding Parfait, 🌱 Fresh Fruit, 🌱 Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

🌱 Be Well food option

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CAFÉ MENÚ WKS

3RD - 12TH

Feb 19th - 23rd



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
CLASSICS	Holiday Day No School		Taco Salad Spanish Rice Refried Beans Chips & Queso	Chicken Alfredo Penne Pasta Roasted Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	Country Style Steak White Rice Zucchini Dinner Roll	
		GRILL	Chicken Pesto Panini Mozzarella Cheese Stick Pepperoni Pizza Sub	Chicken Pesto Panini Chicken Nuggets Buffalo Chicken Sub	Chicken Pesto Panini Mozzarella Cheese Stick Chicken Bacon Ranch Sub	Chicken Pesto Panini Chicken Nuggets Italian Sub	
			Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Grilled Chicken Sandwich, Turkey Burger, French Fries, Onion Rings, Cheese Sticks				
			Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	
		PIZZA		Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SALAD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato		Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato		
	TO GO	Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls					

Be Well food option

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CAFÉ MENU WKS

3RD - 12TH

Feb 26 - 29th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Sweet Carrots Egg Roll	Chicken Quesadilla Spanish Rice Refried Beans Chips & Queso	Spaghetti W/ Meat Sauce Broccoli Garlic bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread	Grilled Cheese Tomato Soup Caesar Salad
GRILL	Chipotle Chicken Panini Chicken Nuggets Philly Cheese Steak Sub	Chipotle Chicken Panini Mozzarella Cheese Stick Pepperoni Pizza Sub	Chipotle Chicken Panini Chicken Nuggets Buffalo Chicken Sub	Chipotle Chicken Panini Mozzarella Cheese Stick Chicken Bacon Ranch Sub	Chipotle Chicken Panini Chicken Nuggets Italian Sub
Served Daily: Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Grilled Chicken Sandwich, Turkey Burger, French Fries, Onion Rings, Cheese Sticks					
PIZZA	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone
SLALD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

Be Well food option

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