

CAFÉ MENU WK4

3RD –12TH GRADE

January 3rd - 7th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS GRILL PIZZA SALAD BAR TO GO	<ul style="list-style-type: none"> Hibachi Chicken Fried Rice Sweet Carrots Egg Roll 	Steak Fajita Bowl Mexican Rice Chips & Queso Churro	<ul style="list-style-type: none"> Beef Brisket Potato's Au gratin Roasted Broccoli Yeast Roll 	<ul style="list-style-type: none"> Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread 	Waffles Bacon Hashbrowns Cheese Grits
	<ul style="list-style-type: none"> Chicken Nuggets Grilled Chicken Sandwich Philly Cheesesteak Sub 	<ul style="list-style-type: none"> Chicken Tenders Grilled Chicken Sandwich Chicken Parm Sub 	<ul style="list-style-type: none"> Chicken Nuggets Grilled Chicken Sandwich Buffalo Chicken Sub 	<ul style="list-style-type: none"> Chicken Tenders Grilled Chicken Sandwich Chicken Bacon Ranch Sub 	<ul style="list-style-type: none"> Chicken Nuggets Grilled Chicken Sandwich Italian Sub
	Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks				
	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Sweet Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Sweet Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Sweet Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Sweet Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Sweet Potato
Served Daily: Grilled Chicken Salad, Chicken Ceasar Salad, Assorted Sub & Wraps, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls					

Be Well food option

If you have questions or concerns, please email foodservice@hpcacougars.org

CAFÉ MENÚ WKS

3RD - 12TH

January 10th - 14th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS	<ul style="list-style-type: none"> Mongolian Beef Fried Rice Sweet Carrots Egg Roll 	<p>Beef Nacho</p> <ul style="list-style-type: none"> Mexican Rice Refried Beans Chips & Queso 	<p>Lasagna Rollup</p> <ul style="list-style-type: none"> Marinara Sauce Steamed Broccoli Garlic Bread 	<ul style="list-style-type: none"> Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread 	<p>Sloppy Joe</p> <ul style="list-style-type: none"> Potato Wedges Buttered Corn Yeast Roll 	
	GRILL	<ul style="list-style-type: none"> Chicken Nuggets Turkey Burger Philly Cheesesteak Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Chicken Parm Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Buffalo Chicken Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Chicken Bacon ranch Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Italian Sub
		<p>Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</p>				
	PIZZA	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone
		SALAD BAR	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	<p>Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls</p>					

Be Well food option

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CAFÉ MENU WK6

3RD - 12TH

January 17th - 21st



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	HOLIDAY MILK DAY	<ul style="list-style-type: none"> Queso Chicken Spanish Rice Refried Beans Churro 	<ul style="list-style-type: none"> Pulled Pork BBQ Roasted Potatoes Baked Beans Yeast Roll 	<ul style="list-style-type: none"> Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread 	<ul style="list-style-type: none"> French Toast Sausage Hashbrowns Cheese Grits
GRILL		<ul style="list-style-type: none"> Chicken Tenders Grilled Chicken Sandwich Chicken Parm Sub 	<ul style="list-style-type: none"> Chicken Nuggets Grilled Chicken Sandwich Buffalo Chicken Sub 	<ul style="list-style-type: none"> Chicken Tenders Grilled Chicken Sandwich Chicken Bacon Ranch Sub 	<ul style="list-style-type: none"> Chicken Nuggets Grilled Chicken Sandwich Italian Sub
<small>Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</small>					
PIZZA		<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Stromboli
SLALD BAR		<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	<small>Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls</small>				

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CAFÉ MENU WK1

3RD – 12TH

January 24th - 28th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	<ul style="list-style-type: none"> Hibachi Chicken Fried Rice Sweet Carrots Egg Roll 	<ul style="list-style-type: none"> Beef Nachos Mexican Rice Refried Beans Chips & Queso 	<ul style="list-style-type: none"> Chicken Parm Penne Pasta Broccoli Garlic Bread 	<ul style="list-style-type: none"> Fried Chicken Baked Chicken Mac & Cheese Green Beans Cornbread 	<ul style="list-style-type: none"> Hot Dog Potato Wedges Baked Beans Chili & Cheese
GRILL	<ul style="list-style-type: none"> Chicken Nuggets Turkey Burger Philly Cheesesteak Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Chicken Parm Sub 	<ul style="list-style-type: none"> Chicken Nuggets Turkey Burger Buffalo Chicken Sub 	<ul style="list-style-type: none"> Chicken Tenders Turkey Burger Chicken Bacon ranch Sub 	<ul style="list-style-type: none"> Chicken Nuggets Turkey Burger Italian Sub
<p>Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</p>					
PIZZA	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone 	<ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Calzone
SALAD BAR	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato 	<ul style="list-style-type: none"> Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato
TO GO	<p>Served Daily: Grilled Chicken Cobb Salad, Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls</p>				

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