

CAFÉ MENU

Preschool

January 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Cheese Pizza Carrots & Ranch Apple Slices Snack Teddy Grahams	6 Queso Chicken Mexican Rice Refried Beans Snack Goldfish	7 Cut Hot Dog Potato Wedges Peaches Snack Cheez-it	8 Chicken Nuggets Mac & Cheese Green Bean Snack Chips	9 Pancakes Sausage Link Hash Brown Casserole Snack Apple Sauce
12 Grilled Chicken Fried Rice Mixed Vegetables Snack Apple Slices	13 Mini Chicken Sandwich Green Peas Pineapple Snack Cheese Stick	14 Mini Corndogs Potato Wedges Peaches Snack Pretzel	15 Chicken Nuggets Mac & Cheese Green Bean Snack Pirate Booty	16 Pork Loin Mashed Potato Zucchini Snack Animal Crackers
19 MLK Day NO SCHOOL	20 Chicken Nachos Mexican Rice Refried Beans Snack Goldfish	21 Cut Hot Dog Potato Wedges Peaches Snack Cheez-it	22 Chicken Nuggets Mac & Cheese Green Bean Snack Chips	23 Waffles Cheese Grits Bacon Snack Apple Sauce
26 Grilled Chicken Fried Rice Mixed Vegetables Snack Apple Slices	27 Mini Chicken Sandwich Green Peas Pineapple Snack Cheese Stick	28 Mini Corndogs Potato Wedges Peaches Snack Pretzel	29 Chicken Nuggets Mac & Cheese Green Beans Snack Pirate Booty	30 Pot Roast Mashed Potatoes Braised carrots Snack Animal Crackers

If you have questions or concerns, please email foodservice@hpcacougars.org