

CAFÉ MENÚ

3RD - 12TH

Jan 2nd - 6th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS	GRILL	PIZZA	SALAD BAR	TO GO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
					Holiday No School	Chicken Quesadilla 🍷 Spanish Rice 🍷 Refried Beans Chips & Queso	Baked Spaghetti 🍷 Broccoli Garlic Bread	Fried Chicken 🍷 Baked Chicken Mac & Cheese 🍷 Green Beans Yeast Roll	French Toast Breakfast Potatoes Cheese Grits Sausage Link	
						Chicken Tenders Turkey Burger Pepperoni Pizza Sub	Chicken Nuggets Turkey Burger Buffalo Chicken Sub	Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub	Chicken Nuggets Turkey Burger Italian Sub	
						Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks				
						Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	
Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato	🍷 Build your own Salad Soup of The Day Pasta of the day 🍷 Baked Potato							
Served Daily: 🍷 Grilled Chicken Salad, 🍷 Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit, 🍷 Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls										

🍷 Be Well food option










If you have questions or concerns, please email foodservice@hpcacougars.org

CAFÉ MENU WKS

3RD - 12TH

Jan 9th - 13th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Sweet Carrots Egg Roll	 Taco Salad Spanish Rice  Refried Beans Chips & Queso	Chicken Alfredo Penne Pasta Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Yeast Roll	Country Style Steak Mashed Potatoes Fried Okra Dinner Roll
GRILL	Chicken Nuggets Turkey Burger Philly Cheesesteak Sub	 Chicken Tenders  Turkey Burger Chicken Parm Sub	Chicken Nuggets Turkey Burger Buffalo Chicken Sub	Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub	Chicken Nuggets Turkey Burger Italian Sub
Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger Crispy Chicken Sandwich, Grilled Chicken Sandwich, French Fries Onion Rings, Cheese Sticks					
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SLALD BAR	Build your own Salad Soup of The Day Pasta of the day Baked Potato	 Build your own Salad Soup of The Day Pasta of the day  Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato	Build your own Salad Soup of The Day Pasta of the day Baked Potato
TO GO	Served Daily:  Grilled Chicken Salad,  Chicken Ceasar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit,  Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

 Be Well food option

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CAFÉ MENU WK4

3RD –12TH GRADE

Jan 16th - 20th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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CLASSICS	GRILL	PIZZA	SALAD BAR	TO GO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					Queso Chicken Mexican Rice Refried Beans Chips & Queso	Stuffed Shells Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Yeast Roll	Biscuit & Gravy Breakfast Potatoes Cheese Grits Bacon	
					Chicken Tenders Turkey Burger Pepperoni Pizza Sub	Chicken Nuggets Turkey Burger Buffalo Chicken Sub	Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub	Chicken Nuggets Turkey Burger Italian Sub	
					Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	Cheese Pizza Pepperoni Pizza Calzone	
					Build your own Salad Soup of The Day Pasta of the day Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato	Build your own Salad Soup of The Day Pasta of the day Sweet Potato	
Served Daily: Grilled Chicken Salad, Chicken Caesar Salad, Assorted Sub & Wraps, Pudding Parfait, Fresh Fruit, Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls									

MILK Day No School

Be Well food option







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CAFÉ MENU WK1

3RD – 12TH

Jan 23rd - 27th



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSICS	Hibachi Chicken Fried Rice Sweet Carrots Egg Roll	Beef Nachos Mexican Rice Refried Beans Chips & Queso	Bacon Carbonara w/ White Sauce Penne Pasta Broccoli Garlic Bread	Fried Chicken Baked Chicken Mac & Cheese Green Beans Yeast Roll	Pot Roast Mashed Potatoes Braised Carrots & Onions Dinner Roll
GRILL	Chicken Nugget Turkey Burger Chicken Parm Sub	 Chicken Tenders Turkey Burger Chicken Parm Sub	Chicken Nuggets Turkey Burger Buffalo Chicken Sub	Chicken Tenders Turkey Burger Chicken Bacon Ranch Sub	Chicken Nuggets Turkey Burger Italian Sub
<small>Served Daily: Hamburger, Cheeseburger, Bacon Cheeseburger, Crispy Chicken Sandwich, Spicy Crispy Chicken Sandwich, French Fries, Onion Rings, Cheese Sticks</small>					
PIZZA	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli	Cheese Pizza Pepperoni Pizza Stromboli
SALAD BAR	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato	 Build your own Salad Soup of The Day Cheese Stuffed Shells  Baked Potato	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato	Build your own Salad Soup of The Day Cheese Stuffed Shells Baked Potato
TO GO	Served Daily:  Grilled Chicken Salad,  Chicken Caesar Salad, Turkey Club Sub, Buffalo Chicken Wrap, Pudding Parfait, Fresh Fruit,  Cheese & Grapes, Chocolate Chip Cookies, Blueberry Muffin, Chocolate Chip Muffin, Cinnamon Rolls				

 Be Well food option

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