

CAFÉ MENU

PRESCHOOL

JANUARY 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Chicken Quesadilla Mexican Rice Refried Beans Snack Animal Cracker	4 Baked Pasta Broccoli Garlic Bread Snack Cheese Stick	5 Chicken Nuggets Mac & Cheese Green Beans Snack Blueberries	6 French Toast Sausage Link Grits Snack Strawberries
9 Hibachi Chicken Fried Rice Sweet Carrots Snack Apples	10 Mini Chicken Sandwich Peas Pineapple Chuck Snack Cheese It	11 Mini Corndog Broccoli Peaches Snack Teddy Grahams	12 Chicken Nuggets Mac & Cheese Green Beans Snack Chips	13 Country Style Steak Mashed Potatoes Mixed Vegetables Snack Apple Sauce
16 NO SCHOOL	17 Queso Chicken Mexican Rice Refried Beans Snack Animal Cracker	18 Pasta w/ Sauce Broccoli Garlic Bread Snack Cheese Stick	19 Chicken Nuggets Mac & Cheese Green Bean Snack Blueberries	12 0 Biscuit & Gravy Bacon Grits Snack Strawberries
23 Hibachi Chicken Fried Rice Sweet Carrots Snack Apples	24 Mini Chicken Sandwich Peas Pineapple Chuck Snack Cheese It	25 Mini Corndog Broccoli Peaches Snack Teddy Grahams	26 Chicken Nuggets Mac & Cheese Green Beans Snack Chips	27 Pot Roast Mashed Potatoes Carrots Snack Apple Sauce
28	29	30	1	2

If you have questions or concerns, please email foodservice@hpcacougars.org