

## **HIGH POINT CHRISTIAN ACADEMY ATHLETICS ANNUAL REPORT 2010-2011**

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In 2010-11, the High Point Christian Academy Athletic Department fielded 35 competitive athletic teams in 12 different sports.

The Cougars moved to the larger school division for conference and State, 3A, joining the Piedmont Athletic Conference of Independent Schools (PACIS) for Varsity and Middle School. Despite being the small fish in the big pond, the Cougars competed well in the first year. Conference Championships were won in Varsity Boys Cross Country, Varsity Volleyball, Varsity Softball, Varsity Boys Track & Field, Middle School Boys Soccer, and Middle School Boys Basketball. The Lady Cougars Softball team is the State Runner-up, the Baseball team lost in the State Semi-finals, and the Volleyball team made it to the Quarter-finals.

Individual athletes were also successful in the larger conference. The Cougars added the following awards: 37 All-Conference players and 9 All-State players. Volleyball, Boys Cross Country, Boys Swimming, Girls Swimming and Softball each had the Conference Player of the Year. The Cougars had the Conference Coach of the Year in Boys Cross Country, Volleyball, Boys Basketball and Softball. The Cougars had 2 Greensboro News and Record All-Area players, and one girl who is All-American and Scholastic All-American.

The Cougar Athletes of the Year are chosen by the coaches. The athlete must have participated in at least two Varsity sports, and been chosen All-Conference and/or All-State in at least one of them. Senior Reid Ashby was awarded the Male Athlete of the Year. He played Soccer and Track & Field, and was All-Conference in both sports. Junior Kathryn Cox was awarded the Female Athlete of the Year. She played Volleyball, Basketball and Soccer, and was All-Conference in Volleyball and Basketball.



There are seven Cougars who will continue their athletics in college: Bethany Gesell, Volleyball at East Tennessee State University; Mitchell Oates, Basketball at Hillsborough Community College; Jordan Weethee, Basketball at Virginia Military Institute; Justin Morrison, Baseball at Guilford College; Taylor Bergsma, Baseball at Covenant College; Jonathan Bethea, Baseball at Brevard College; Logan Gunn, Baseball at Methodist University.

The Cougars offered the following Summer Camps: Co-Ed Basketball, Co-Ed Soccer, Football, Softball, Cheerleading, and Volleyball.

The 2010 Cougar Cup Golf Tournament was held in September at The Meadowlands Golf Course. About 120 golfers raised money for the Athletic Program. Thank you to all of the golfers and sponsors.

A few of the Varsity teams traveled during the season for tournaments. Boys Basketball traveled to Florida over the Christmas Holiday for a tournament. Varsity Boys Soccer went to Asheville to play other 3A schools. Baseball and Softball traveled to Myrtle Beach over Spring Break for tournaments. Middle School Soccer played in a 2-day tournament in Cary.

The teams moved to a new conference this year, Piedmont Athletic Conference of Independent Schools (PACIS) for Varsity and Middle School. The Conference includes Calvary Baptist Day School, Forsyth Country Day School, Greensboro Day School, and Wesleyan Christian Academy. The Varsity competed in the North Carolina Independent Schools Athletic Association (NCISAA) 3A for State Tournaments.

Varsity Football played in the Carolina Piedmont Football Conference, along with Asheville School, Christ School, First Assembly - Concord, Forsyth Country Day School, Hickory Grove Baptist Christian School, Northside Christian Academy, SouthLake Christian Academy, Westminster Catawba Christian School.

The Cougars served on some mission opportunities during the year. Varsity Volleyball raised money for Breast Cancer by hosting "Dig for a Cure!" with a game, bake sale, and activities. The Varsity Cheerleaders participated at The Miracle Field in High Point, helping children on the baseball field and encouraged them. Boys Middle School Basketball went out as a team and purchased gifts for families at Christmas. Varsity and Jr. Varsity Boys Basketball bought and delivered basketballs and toys to the Salvation Army. Middle School Cheerleading held a food drive for West End Ministries, collecting cans from the school. Varsity Swimming continued their support of the local Habitat for Humanity by helping to build a home, and they supported West End Ministries. The JV Softball team visited Landmark Nursing Center, an assisted living facility in Northern Davidson County, delivering gift bags and visiting with the residents. The girls had a second service project adopting an Army unit being deployed to Iraq this summer. Throughout the second half of the season the girls collected personal and food items for the soldiers.

The Cougars added a new athletic facility this year, a softball field. Wallburg Baptist Church was gracious and donated some land for the field. With much help from the parents and banner sponsors, the field was ready for play at the beginning of the season. Plans are made for the construction of a gym at the high school, but funds have not been raised.

**CONFERENCE AND STATE RECOGNITIONS**All-State Players**Volleyball:** Bethany Gesell, Macy Scarborough**Swimming:** Faith Johnson**Basketball:** Mitchell Oates**Baseball:** Justin Morrison, Jonathan Bethea**Softball:** Mychelle Gonzalez, Jessica Jackson, Cayla CecilConference Player of the Year**Volleyball:** Bethany Gesell**Swimming, Girls:** Faith Johnson**Swimming, Boys:** Aaron Key**Softball:** Cayla CecilConference Coach of the Year**Cross Country, Boys:** Heather Foster**Volleyball:** Doug Balsler**Basketball:** Brandon Clifford**Softball:** Todd FarlowAll-Conference Players**Cross Country, Boys:** Davis Pack, Connor Flater, David Loy, Will Cliff**Soccer, Boys:** Reid Ashby**Volleyball:** Kathryn Cox, Macy Scarborough, Bethany Gesell**Basketball, Girls:** Kathryn Cox**Basketball, Boys:** Mitchell Oates, Jordan Weethee**Swimming, Girls:** Faith Johnson**Swimming, Boys:** Matt Ardoin, Thomas Held, Aaron Key, Keyton Ivery**Baseball:** Justin Morrison, Jonathan Bethea, Jared Gesell, Levi Gesell**Softball:** Mychelle Gonzalez, Jessica Jackson, Cayla Cecil, Lindsay Cecil**Soccer, Girls:** Tara Moseley, Rebekah Severs**Tennis, Boys:** Taylor Light**Track & Field:** Chance Penland, Reid Ashby, Kolton White, Drew Hardee, Zygimantas Kairys, Jake McKinney, Trent Gabriel, Davis Pack, David Loy, Connor FlaterOther Awards**Volleyball All-Area Player of the Year, Greensboro News and Record:** Bethany Gesell**Swimming All-Area Player of the Year, Greensboro News and Record:** Faith Johnson**All-American and Scholastic All-American:** Faith Johnson

**Fall 2010****VOLLEYBALL**Varsity

[Doug Balsler, Ethan Moore]

Overall Record: 30-7

1<sup>st</sup> in Conference and Tournament

Quarter-Finals in State

3 All-Conference Players, Player of the Year, Coach of the Year, 2 All-State Players

Greensboro News and Record All-Area Player of the Year

The Varsity Volleyball team was once again a power force in the NCISAA. The team moved up to the 3A level and competed admirably against these larger opponents. The team also moved conferences, joining the PACIS, which they dominated on their way to winning the regular season title. The team played in two tournaments prior to the state playoffs and finished second in both the Super Six and the Volley with the Knights tournaments. The team's losses in these tournaments came to the eventual 3A state champions and runner-up. The team entered the state tournament as a #5 seed, and advanced to the quarterfinals. The Cougars will look to improve on that finish for the next season.

Jr. Varsity

[Brittany Ivey, Brittney Cummings]

Overall Record: 17-1

The overall record for the JV volleyball team this year was 17-1, the only loss being to Covenant Day School. The Cougars were doubly undefeated in the conference, beating Calvary, Forsyth Country Day School, Greensboro Day School and Wesleyan twice each. The team was comprised of one junior, five sophomores, and four freshmen. Only four returning Junior Varsity players were on the roster with the rest having either transferred in or moved up from the Middle School team. One big focus this year was team bonding and chemistry on and off the court. A key point that continuously repeated throughout the season derives from 1 Thessalonians 5:11, "So encourage each other and build each other up, just as you are doing." The team was lead in kills by Caroline Harding with 55 and Hannah Heybrock with 53. Rachel Cox led in aces with a season total of 40, while Caroline Harding was close behind with 37. Coach Ivey said, "This team set an excellent standard for playing the game with a lot of heart, and there will be even more great things to come for the volleyball program with the talent and dedication that exists within."

Middle School

[Kelley Coats, David Spencer]

Overall Record: 13-3

2<sup>nd</sup> in Conference and Tournament

The 2010 Middle School Volleyball Program had another very successful season. A team consisting of four very talented 8th graders, and eight hard working 7th and 6th graders, showed great promise early on. After a great regular season, the Cougars of HPCA faced off against the Cougars of Calvary Baptist in their first 3A Conference Tournament. After splitting game 1 and 2, in a very close contest, game 3 came down to a 33/31 loss for HPCA. They finished with an overall record of 13-3, and a 2<sup>nd</sup> place trophy in the Conference Tournament.

**BOYS SOCCER**

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Varsity

[Shawn Mehegan, John Lind]

Overall Record: 5-13-1

4<sup>th</sup> in Conference

1 All-Conference Player

As with the other teams, the Cougars moved to the 3A conference this year. Our conference (PACIS) is the toughest soccer conference in the state, and it proved to be very challenging. The team played with great effort and determination. A strong defense enabled the team to be competitive throughout the year. Two key wins included Charlotte Christian and Asheville School.

Middle School

[Ricky Murphy]

Overall Record: 9-5-2, Conference 3-3-2

Conference Tournament Champions

This was a year of firsts for Boys Middle School Soccer. It was the first year traveling to an out of town tournament and staying overnight. It was the first year in the new 3A PACIS Conference and the first ever Conference Tournament Championship. Coach Murphy said the following about this year's team, "They were truly blessed for doing God's work as they ministered to the community through this wonderful game of soccer. I could not have been prouder of each and every one of them."

**GIRLS TENNIS**

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Varsity

[Adriana Hernandez]

Overall Record 6-12

Conference 3-5

3<sup>rd</sup> in Conference

This was a big rebuilding season for the team. All of the players improved not only in tennis but they also became mentally stronger. They learned how to play with strategy. They became more competitive, always displaying an outstanding sportsmanship and Christian character. A highlight during regular season was defeating Forsyth Country Day 6-3 for the first time in our school's history. Another important victory was when HPCA defeated Asheville School 5-4 when #1 Doubles Team of Sarah Bridger and Carly Black won the decisive point.

One of the setbacks of the season was that two of the best players were out half of the season due to injuries and eligibility issues. Other players that deserve recognition are: Hartlea Love, Catherine Byles and Natalie Adams. They improved a lot during the season and won a few matches at their #4, #5 and #6 spots respectively. The #2 Singles Carly Black defeated several strong players such as Cary Academy, Durham Academy and Cannon. She won all of these matches in the third set tie break. Coach Hernandez said, "I felt the season went too fast as there is no longer a Conference Tournament and because we did not qualify for State. I had a great time working with all of the girls; they worked hard and displayed great sportsmanship. In high school, tennis matches are played without an umpire or linesmen. That puts the onus on the players to call their own lines and all of them put their Christian integrity first ahead of their desire to win. I have great expectations for the coming season as I believe we have enough talent to be the Conference Champions next year if we prepare year round for it."

Jr. Varsity [Dawn Bingham]

Overall Record: 5-5

The season started out a little slow, losing the first three matches and then, as they practiced and improved, the Cougars started winning. At a couple of points in the season, the team even had a winning record. The final record was 5 wins and 5 losses. Even though the girls didn't win all of the matches, they certainly had a lot of fun, between dining at Elizabeth's Pizza, Mellow Mushroom, La Hacienda and Village Tavern, and chocolate cake and a sleepover at the Fields' house. Coach Bingham said, "It was a pleasure, a privilege and a blessing to work with all of the girls on the team. They represented Christ and their school well."

**CROSS COUNTRY**Varsity Girls [Heather Foster, Jeff Pack]3<sup>rd</sup> in Conference

The girls cross country team enjoyed a successful entry into a new conference and a new level of competition with the move to the 3A level. The team was led by senior and 4 year veteran Abby Cliff and freshman newcomer Sydney Harris. The team made a solid debut in the PACIS conference finishing 3<sup>rd</sup> behind two strong teams. Eighth grader Jackie Love was a big contributor this year as well. Coach Foster said, "The team will only improve in the coming years with the solid core of young runners who are motivated to improve."

Varsity Boys [Heather Foster, Jeff Pack]1<sup>st</sup> in Conference6<sup>th</sup> in State

4 All-Conference Players, Coach of the Year

The boy's team experienced immediate success winning the PACIS conference and finishing 6<sup>th</sup> in the state. A solid nucleus of 6 runners led the team including senior and 5th year runner Trent Gabriel, freshman Austen Zente and 4 all-conference runners Will Cliff, David Loy, Connor Flater and Davis Pack. Loy finished as runner-up in the conference meet while Flater had a great showing at the state meet finishing 19th. Eighth grader Aaron Cliff, our number 7 runner, rounded out the state team. Coach Foster said, "With 6 of the top 7 returning and several younger runners that will continue to improve, the goals are set high for next season."

**FOOTBALL**Varsity [Steve Lechner, Andy Oats, Bryan Clodfelter, David Adams]

This year was the inaugural varsity season for football. The Cougars were placed in a conference with larger schools which have more experienced players, and HPCA struggled with a young team. They graduated the first set of senior football players (six total), three of whom had never played football prior to 2010 season. The Cougars competed against public school playoff team Bishop McGuinness, the eventual Division II private school state champion First Assembly, and the largest private school in North Carolina, Providence Day. The first Varsity victory in program history was a 52-0 win over Village Christian. Coach Lechner is excited about the off season and summer workouts, along with new student-athletes who will join the program next Fall.

Jr. Varsity

[Lamar Boykin, Scott Bell, Marlon Allen, Randy Norris]

Overall Record: 5-3

The HPCA JV team completed a great 2010 season. A host of veterans returning helped the JV Cougars improve their record to an impressive 5-3. With an aggressive running game and the surprise passing attack the Cougar's offense kept its opponent off balance. The Cougars defense proved to be "stingy", allowing one score or less in several games while quickly converting turnovers into touchdowns. Coach Boykin said, "This year's success can be contributed to this team's commitment to Unity. There were a core group of leaders that gave one hundred and ten percent on and off the field. Indeed I am proud of this team's performance and the Godly character demonstrated throughout the season."

**CHEERLEADING**Varsity

[Abby Lewallen, Patti Bennett]

Matthew 5:16 instructs us to "Let your light shine before men, that they may see your good deeds and praise your Father in heaven." This verse served as the team verse, as they aimed to *shine* not only at school, but also within the community. The fall season began with much excitement as we saw our football team move up to the varsity level. Varsity Cheerleading was able to experience cheering in larger venues, with well-established teams and cheer squads. Over the summer, they sponsored a summer camp, with an enrollment of 25 young girls. Cheer campers were invited back to perform during halftime at a home football game. This event was in conjunction with Elementary Families Night.

Varsity Cheerleading established a new semi-annual mission project entitled *Pass the Pink*. PTP occurred in October and was inspired by Breast Cancer Awareness Month. Cheerleaders passed a pink donation bucket at a selected home football game and cheered with pink poms. Donations were combined with those collected during the winter sports season and sent to The Spencer Wilson Family. The team volunteered at The Miracle League of High Point. Cheerleaders, along with Kip the Cougar, cheered and encouraged young children with disabilities in the game of baseball. Senior cheerleader Sarah Robinson was selected to sing the national anthem for the opening ceremony. This community service project was a great way to shine the light of Jesus in our community, as commanded in the team Bible verse.

HPCA Varsity Cheerleading grew from a squad of twelve in 2009 to fifteen in 2010 and was under the student leadership of senior captains CiCi Bennett and Sarah Robinson. One of the coaches' goals for this cheer season was to bring the squad up to competition level. The goal was met when Head Coach Abby Lewallen and Assistant Coach Patti Bennett took the squad to their first CCA (Christian Cheerleaders of America) Regional Competition in Concord, NC in November, where they won the title of Regional Champions. Junior Brenna Austin was selected as Jump-Off Champion.

Middle School

[Terri Kurfees, Jackie Edwards]

The MS cheerleaders had a great football season. There were 12 fantastic girls, led by Captain, Sierra Edwards and Co-Captain, Emily-Anne Ellas. The team verse was 1 Peter 3:15, "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have." This verse goes along with the team motto, "Live your life so the whole world will see that you believe." This year the team attended a Christian Cheerleaders of America (CCA) Stunt camp. The team also held a food drive during the last 2 home games for West End Ministries, and collected 172 cans of food. Coach Kurfees said, "These girls really worked hard all summer and fall. I am very proud of them. They have been a joy to coach."

## Winter 2010-11

### **BASKETBALL**

#### Varsity Boys

[Brandon Clifford, Gary Su, Tyler Hester]

3<sup>rd</sup> in Conference

6<sup>th</sup> in State

2 All-Conference Players, Coach of the Year, 1 All-State Player

The Cougars moved to a strong 3A Conference this year, but they stepped up to the challenge and finished 3<sup>rd</sup>, beating rival Wesleyan Christian twice. The Cougars played to packed houses for cross-town rival Westchester and Wesleyan. They played a tough non-conference schedule, with one game hard fought at Charlotte Christian where Jordan Weethee scored over 30 points. The team traveled to Florida over Christmas break and played against large public and private schools from the East Coast. They returned to the High Point Christmas tournament and finished 2<sup>nd</sup> place. The Cougars ended the season in the first round of State playoffs. Three seniors will continue playing basketball in college.

#### Varsity Girls

[Doug Chilton, Scooter Nance]

5<sup>th</sup> in Conference

1 All-Conference Player

The Lady Cougars started off slowly, but became more competitive and improved tremendously from game 1 to game 23. One highlight this season was beating Calvary Baptist by 2 points. The Australian National Team visited for 2 days and we played them in a great game. Their girls spent the night with our players, we fed them dinner, and had a joint birthday celebration. Coach Nance said, "They showed a lot of heart and determination. Their attitude was always good and if they continue with that attitude and desire to work hard, we should see great improvements for next season." The Lady Cougars will return all players, as they did not graduate any seniors.

#### Jr. Varsity Boys

[Tyler Hester]

Overall Record: 11-11

Conference: 6-2

2<sup>nd</sup> in Conference

The JV team played well this year. In addition to a tough schedule, the team once again played in the Holiday Christmas Classic tournament. The Cougars finished 2<sup>nd</sup>, playing against large public schools. This is the largest JV tournament on the East Coast. Coach Hester said, "I am thankful for the chance to coach the JV team this year. I enjoyed it, and felt that it went really well."

Boys Middle School 'A' [Corey Gesell, Richard O'Hair]

Overall Record: 18-2

Tournament Champions

The season started slowly. Coach Gesell said, "I came back to coach again after 4 years and it took time for the players to get used to me, and me to them. I knew we had some talent but we had to learn to become a team, to play together, and encourage each other." After 4 games, their record was 2 and 2. The team kept working hard and getting better during practices. The boys gained confidence in what the coach wanted them to do. They started winning and scoring a lot of points. In the last 14 games, they scored 60 or more points 8 times, and 70 or more 3 times. In the PACIS tournament, they beat Calvary by 23 points in the semifinals and played Greensboro Day in the Championship. The Cougars defeated them by 10 points to win the PACIS MS Championship. They won 16 games in a row to finish the season with a record of 18-2.

Girls Middle School [Cortney Cherry, Tim Swaim]5<sup>th</sup> in Conference and Tournament

This year's team was a young team. Three of the 8<sup>th</sup> graders moved up to play on the Varsity team. This allowed the younger girls more playing time and valuable playing experience, and helped to prepare them for next season. The team did not win many games, but showed great improvement throughout season.

Boys Middle School 'B' [Jeff Murrow]

Overall Record: 8-5

Conference: 4-2

The Middle School 'B' Boys Basketball team had a successful season. After suffering 3 tough losses by 1 point (one in overtime and one in double-overtime) the team responded by winning 6 of its final 7 games to finish the season with a respectable 8-5 record. Coach Murrow said, "Even though the team enjoyed 8 wins, the most satisfying accomplishment was the way these young men conducted themselves and the effort that each one gave." The team also participated in a special team project serving food to the less fortunate at a local homeless shelter.

**SWIMMING**Varsity Girls [Sally Nance, Carol Johnson]4<sup>th</sup> in Conference11<sup>th</sup> in State (of 21)

1 All-Conference Swimmer, Swimmer of the Year, 1 All-State Swimmer

1 All-American, 1 Scholastic All-American

Greensboro News and Record All-Area Swimmer of the Year

Varsity Boys [Sally Nance, Carol Johnson]2<sup>nd</sup> in Conference8<sup>th</sup> in State (of 21)

4 All-Conference Swimmers, Swimmer of the Year

**SWIMMING** *(continued)*

Moving into 3A was a challenge; resulting in more difficult competition during regular season swim meets, the Conference meet and at States. But the swimmers rose to the occasion still accomplishing some of their best times this season, and the majority of the team qualified for the State meet which had quicker time standards than last year. Faith Johnson was Conference Female Swimmer of the Year, All-State, Greensboro Swimmer of the Year, All-American and Scholastic All-American. Aaron Key was Conference Male Swimmer of the Year and Greensboro First Team. The coaches could not have been prouder of their endeavors in and out of the water. They have always been blessed in having a very wonderful swim team, close knit and very caring towards one another and others. The team showed this by giving back to the community, in their working for Habitat for Humanity and West End Ministries. The coaches also claim to have the most supportive parents at HPCA! The Cougars could not have succeeded as they have without the swimmers and their families. Coach said, "In regard to our team make-up, we truly believe and hope the swimmers realize their value to the swim team, even with all their varying skill levels, because of the character they each bring...which makes the team a whole. Our swimmers are amazing, and each year it is very difficult to see our Seniors depart, because it is like losing part of our family. But each year brings new hopes, new strengths, and new personalities which help lead us into another successful season. We are so thankful for what the Lord has given to us through our swimmers, and we try to always keep that in our remembrance, as coaches and as a team."

**CHEERLEADING**

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Varsity

[Abby Lewallen, Patti Bennett]

Cougar Varsity Cheerleading completed their 2-season sport on February 22, 2011. New team goals were set for the Winter 2011 season in the areas of stunting, pom routines and floor cheers. Highlights of the season included having the Cheer Campers perform at halftime of a home game, the Pass the Pink event which brings awareness to local cancer needs in our community and Senior Night. Our Pass the Pink event also raised \$350.00 which was sent to Score International in honor of former HPCA student Spencer Wilson. Students honored on Senior Night were Captain, CiCi Bennett and Co-Captain, Sarah Robinson; both charter members of the revived varsity cheerleading program.

Middle School

[Terri Kurfees, Jackie Edwards]

The MS cheerleaders had a fantastic basketball season. All of the 12 girls from the Fall squad continued cheering through the basketball season. We were again led by Captain, Sierra Edwards and Co-Captain, Emily-Anne Ellas. The team verse this year was 1 Peter 3:15, "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have". This verse goes along with our team motto, "Live your life so the whole world will see that you believe." This season, the team filled 2 stockings with Christmas gifts for the Salvation Army. They celebrated each cheerleader's birthday by decorating her locker and providing a special "treat" for her. This year, the team continued to try to promote unity between the cheerleaders and the teams by placing a locker treat (candy with an encouraging verse or slogan) in each player's locker on game day.

<b>Spring 2011</b>
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**BASEBALL**Varsity

[Corey Gesell, Roger Bergsma, Bruce Johnson, Zach Scott]

Overall Record: 24-8-1

Tied for 2<sup>nd</sup> in Conference, Lost in State Semifinals

4 All-Conference Players, 2 All-State Players

The Cougars moved up to the top baseball conference in 3A this season and had a great season. They won the first 7 games before losing at Charlotte Christian. They played both Wesleyan and Forsyth Country Day very tough but lost 2 out of 3 games to each of them. The team went to defend their Mingo Bay Tournament Championship in Myrtle Beach over Spring Break. They lost in the B Bracket Championship game even though they defeated the team, St. James HS from Murrells Inlet, who won the A Bracket Championship. St. James went on to win the South Carolina 3A State Public School Championship.

The Cougars tied for 2<sup>nd</sup> in the conference with Wesleyan with an 8-4 conference record. They received a #5 seed for the state playoffs. After defeating Durham Academy in the 1st round of states, they had to travel back to Charlotte Christian for a rematch in the state quarterfinals. The Cougars beat them on their field 4-3 to go to the state semifinals and a rematch with Forsyth Country Day. Coach Gesell said, "We played very well but lost on a home run in the bottom of the 7th inning. We were real close to playing for the state championship." Four of the five seniors are going to play baseball in college.

Jr. Varsity

[Brian Marshall, Jason Scott, John Tripp]

Overall Record: 2-12

The JV team was a young team, as it sent three of their freshman to play on the Varsity team. All of the players gained valuable playing time. They faced very good teams in the new conference and struggled at times. Coach said, "This team did not reach its potential. Some of these players are capable of being much better. If they continue to work and keep playing, they will be successful."

Middle School

[Rick Blackmore, Noah Blackmore]

Overall Record: 5-12

Tournament Semi-Finals

If you attended one of the games during the season, you got a picture of how the whole season went. A season of ups and downs filled with obstacles and teachable moments. Coach Blackmore said, "At times we looked great and could play with anyone, and then at times we looked undisciplined and confused and could lose to anyone. Kind of like the life of a typical middle school boy." We finished 5-12 and lost in the semi-finals of the tournament in the last inning to the top seed. The boys improved as the year went on and grew physically and spiritually.

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**SOFTBALL**

Varsity [Todd Farlow, Jeremy Cecil]

Overall Record: 21-8, Conference 6-0

1<sup>st</sup> place Conference

2<sup>nd</sup> in State

4 All-Conference Players, Player of the Year, Coach of the Year, 3 All-State Players

The Varsity Softball team had its most successful season in years. They finished 21-8, 6-0 in conference. The girls made a trip to Myrtle Beach, SC during Spring Break in which they took on 4 of their losses, albeit to public schools across the country. However, the team became such a better team for the experience in many ways, not just on the field. They were ranked #1 in the 3A classification for a couple of weeks during the season, and earned the right to host a first round game in the playoffs against Wesleyan, which was won 9-0. Once they made it to the final four, it was a double elimination format. The Lady Cougars made it to the championship game after defeating Charlotte Latin 6-0, in which Cayla Cecil threw a no-hitter. They fell short in the championship game 5-1 to Cannon, but what a great season. Coach Farlow said, "The girls grew so much on and off the field. It was a win-win for everyone despite falling short during the championship. This team will be hungry for more next season!"

Jr. Varsity [Tim Swaim, Mike Brooks, Brad Self]

Overall Record: 7-4

The JV Girls Softball team came into the season inexperienced but eager to learn. Four of the twelve girls had never played softball at any level and many of the girls were forced to play positions they had not played before. The girls showed great character with multiple comeback wins finishing 7-4. Coach Swaim said, "We are very proud of the accomplishments on the field but even more proud of the Christian character and class our girls displayed throughout the season. The girls touched the lives of many this year." The team served on two service projects. The girls visited Landmark Nursing Center, an assisted living facility in Northern Davidson County, delivering gift bags and visiting with the residents. The girls had a second service project adopting an Army unit being deployed to Iraq this summer. The service and sacrifice hit home with a HPCA parent being a member of the unit. Darrell Bennett, Kenzie Bennett's father, is a member of the unit. Throughout the second half of the season the girls collected personal and food items for the soldiers. The primary goal each of our girls communicated was to be a Christian witness on and off the field. Coach Swaim believes they accomplished that goal. He offers many thanks to all the parents and players for the blessings enjoyed and memories made.

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**GIRLS SOCCER**

Varsity [Eleni Hedrick, Carol Sue Eger]

5<sup>th</sup> in Conference

2 All-Conference Players

The Lady Cougars moved to 3A, one of the strongest soccer conferences in the state. Our conference teams were all ranked in top 5 of the state during the season. One highlight for the girls was taking Greensboro Day to a tie. Most of their games were lost by 1 or 2 goals. All of them were hard fought and very close. Only 2 seniors graduated, so they will be ready to move forward next year. Coach Eger said, "I am very proud of the girls for their Christian character. Although our record may not be a winning record, the girls have been told that our team is a winning team because of their actions on the field."

Middle School  
4<sup>th</sup> in Conference

[Ricky Murphy, Susan Vickers]

The Girls Middle School Soccer Team had a wonderful season with improvements in all areas of the game. With a very strong non-conference showing coupled with a good conference effort they were able to put together one of the best seasons in the past few years. With large returning classes we look forward to even greater success in the future and more opportunities to serve God through this wonderful game of soccer. Coach Murphy says, "I am so very proud of the team and the success they achieved. I am excited about the future of girls' soccer at HPCA."

**GOLF**

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Varsity  
4<sup>th</sup> in Conference

[David Spencer, Steve Segers]

The 2011 Varsity golf season proved to be challenging for the team as they moved up from the 2A Triad Athletic Conference to the 3A Piedmont Athletic Conference of Independent Schools. The PACIS is a very strong golf conference. Coach Spencer said, "Our upcoming progress and success will rest in the hard work and practice of our team members during this off-season."

Middle School  
Overall Record 8-5

[Scott Duerscherl]

The boys on the Middle School Golf team were very talented. They played well and beat good teams. These players are committed to playing year-round and will continue to improve. They will be an asset on the Varsity team in the near future.

**BOYS TENNIS**

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Varsity  
4<sup>th</sup> in Conference  
1 All-Conference Player

[Adrianna Hernandez, Susan Parlier]

Coach Hernandez stated, "We are a very young team and we have a lot of work to do to have better results. Most of the teams we played against play year-round, and it is difficult to win with only 3 months of practice. However; despite that, I see a lot of talent and potential and enthusiasm. All of my players practiced hard, they were coachable, had fun and became good friends. They supported each other in the good times and in the bad times, too. I had 5 players that never played tennis before, and after a few weeks of practice 2 of them were playing in the lineup, Corbin Carroll played #2 doubles and Shep Byles played #3 doubles."

**BOYS TENNIS** *(continued)*

Taylor Light was by far the best of the team and he showed great leadership and motivated his teammates to practice and play hard by example. The team had great attitude on and off the court and after every match they went to the courts and kept hitting just for fun. Coach Hernandez remembers, "One of my best memories was when we played against Westchester which is a team that had players that have been playing tennis much longer than some of my players and we still won 7-2." There was great improvement the second time the Cougars played against Wesleyan. The first time they beat us 9-0 and after just 2 weeks of practice we played them again and they beat us 7-2. Taylor Light won his match at #1 with 6-4, 6-3 and then Sam Parlier won at #3 with 7-6, 6-1. The #6 Singles David Leonard lost 6-7, 7-6, 6-10 and then #3 doubles Bobby Little and Corbin Carroll lost 8-9 so it really could have been 4-5 against a strong team in which tennis is their main sport. The Cougars also beat Calvary Baptist twice 9-0 and they have players in their lineup which also just started playing tennis. Coach Hernandez said, "I believe next year we will make it to State. I have been seeing the boys play even after the season is over, and that is going to make a big difference in our team next year."

**TRACK & FIELD**

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Varsity Girls

[Heather Foster, Jeff Pack]

4<sup>th</sup> in Conference

The girls track team was the largest in the school's history and was able to put competitors in more events than in previous years. The team was led by 3 and 4 year veterans of the program who contributed the majority of the points for the team. The new level of competition proved to be a challenge, but these determined girls gave it their best shot and set many personal records this season. After graduating just 1 senior, the program will continue to progress in the coming years.

Varsity Boys

[Heather Foster, Jeff Pack, Ben Strag]

1<sup>st</sup> in Conference, 6-0 Regular Season

10 All-Conference Players

The boys track team had a successful entry into a new 3A conference winning the conference championship meet. The team was led by a talented group of seniors who provided a large portion of the points this year in field events and sprints. The middle distance and distance events were strong with most members of the cross country team competing. This year's team was well-rounded and had a great deal of depth with points coming from many individuals in several different events. With a veteran group returning next year, the team looks to be competitive in the upcoming years.