

High Point Christian Academy

2010 Master Practice, Scrimmage and Game Schedule

Junior Varsity Version

Day of Week	Date	Type of Activity	Start Time	End Time
Mon	8/2	Preseason Practice (Helmets only)	3 pm	7 pm
Tues	8/3	Preseason Practice (Helmets and Shoulders)	3 pm	7 pm
Wed	8/4	Preseason Practice (Full Pads/Full Contact)	8 am	12 pm
Thur	8/5	Preseason Practice (Full Pads/Full Contact)	3 pm	7 pm
Fri	8/6	Preseason Practice (Full Pads/Limited Contact)	3 pm	7 pm
Sat	8/7	<i>Blue & White Scrimmage (JV Period)</i>	10 am	11:30am
Mon	8/9	Preseason Practice (Full Pads/Full Contact)	3 pm	7 pm
Tues	8/10	Preseason Practice (Full Pads/Full Contact)	3 pm	7 pm
Wed	8/11	Preseason Practice (Full Pads/Full Contact)	8 am	11:30 am
Thur	8/12	Preseason Practice (Full Pads/Full Contact)	3 pm	6 pm
Fri	8/13	Preseason Practice (Full Pads/Full Contact)	3 pm	6 pm
Mon	8/16	Regular Season Practice (Full Pads/Full Contact)	3 pm	5:30 pm
Tues	8/17	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Wed	8/18	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:10 pm
Thur	8/19	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Fri	8/20	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Mon	8/23	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Tues	8/24	Regular Season Practice(Full Pads/Full Contact)	3:15 pm	5:30 pm
Wed	8/25	Regular Season Practice(Full Pads/Full Contact)	3:15 pm	5:10 pm
Thur	8/26	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Fri	8/27	Regular Season Practice (Helmets and Shoulders)	3:15 pm	5:15 pm
Sat	8/28	<i>Game # 1: @ BISHOP MCGUINNESS</i> <i>(7th and 8th graders only)</i>	7 pm	9 pm
Mon	8/30	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Tues	8/31	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Wed	9/1	Regular Season Practice (Helmets and Shoulders)	3:15 pm	5:10 pm
Thur	9/2	<i>Game # 2: vs. SUMMIT</i>	5 pm	7 pm
Fri	9/3	Regular Season (Full Pads/Limited Contact)	3:15 pm	5:30 pm

- The subsequent weeks will follow either the Saturday game format (see week of August 23rd as example) or Thursday game format (see week of August 30th as example)
- Week of Monday 9/20 through Friday 9/24 is a Bye Week (we do NOT have a game) – We will issue a schedule of team activities applicable to this Bye Week
- Coaching staff may need to alter the player equipment required for a particular practice